

Schedule of Events & Presenters

FRIDAY, JANUARY 25

7:00 am-5:00 pm	Registration
7:00-8:00 am	Breakfast
7:30-9:30 am	Exhibitor Setup
7:50-8:00 am	Welcome
8:00-10:00 am	<i>Psychiatry Beyond the Clinic: Gaming</i> , Paul Weigle, MD
10:00-10:30 am	Break/Exhibits
10:30-11:30 am	<i>What Child and Adolescent Practitioners Should Know About the Internet</i> , John Luo, MD
11:30 am-12:30 pm	<i>The Medical-Legal Partnership</i> , Emily Suski
12:30-1:30 pm	Lunch
1:30-2:30 pm	<i>Current Political Issues with Healthcare</i> , Jacqueline Fox
2:30-3:30 pm	<i>Pediatric Update – The Top Ten</i> , James Stallworth, MD
3:30-3:45 pm	Break/Exhibits
3:45-4:45 pm	<i>Gang Update</i> , LT Rafael Gonzalez
5:00-5:45 pm	Resident Meet and Greet
6:00-7:15 pm	Welcome Reception & Poster Presentations
7:30-8:45 pm	President's Welcome and Opening Session: Role of Technology in Physician Burnout, Robert Boland, MD

BOARD MEETING

3:30-5:00 pm	SCPA Executive Committee Meeting
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SATURDAY, JANUARY 26

7:30 am-1:00 pm	Registration/Exhibits
7:30-8:20 am	Breakfast
8:20-8:30 am	Welcome and Introduction
8:30-9:30 am	Physician Wellness and Burnout, Kim Penberthy, PhD
9:40-10:40 am	Depression and Burnout Among Training Physicians, Constance Guille, MD
10:40-11:00 am	Break/Exhibits
11:00 am-Noon	Myths and Biases in Psychosomatic Medicine, Robert Boland, MD
12:10-1:10 pm	John Luo, MD
1:15-2:15 pm	Lunch, Business Meeting, Awards

STUDENT EVENT

8:30 am-1:10 pm	PsychSIGN Mini-Conference
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SUNDAY, JANUARY 27

7:30 am-Noon	Registration/Exhibits
7:30-8:20 am	Breakfast
8:20-8:30 am	Welcome and Introduction
8:30-9:30 am	Identification and Treatment of Bipolar Disorder in Pregnancy and Postpartum, Stephanie Berg, MD and Ashley Jones, MD

9:40-10:40 am	Seclusion and Restraint in Inpatient and Residential Settings: Role of the Psychiatrist, Kim Masters, MD
10:40-11:00 am	Break
11:00am –Noon	Sleep Disorders, Richard Bogan, MD
12:10-1:10 pm	Psychiatric Issues in Patients with Huntington’s Disease, Robert Breen, MD

Session Topics and Objectives

In order by speaker’s last name

Dr. Stephanie Berg and Dr. Ashley Jones, *Identification and Treatment of Bipolar Disorder in Pregnancy and Postpartum*

1. Review strategies for identification of bipolar disorder in pregnancy and postpartum
2. Discuss evidence-based treatments of bipolar disorder in pregnancy and postpartum
3. Review strategies for identification and treatment of postpartum psychosis

Dr. Richard Bogan, Sleep Disorders

Dr. Robert Boland, *Myths and Biases in Psychosomatic Medicine AND Role of Technology in Physician Burnout*

Dr. Robert Breen, *Psychiatric Issues in Patients with Huntington’s Disease*

Jacqueline Fox, *Current Political Issues with Healthcare*

LT Rafael Gonzalez, *Gang Update,*

This session will provide an update on the current status of gangs.

Dr. Constance Guille, *Depression and Burnout Among Training Physicians*

1. Recognize the prevalence of depression among medical interns
2. Identify risk factors for depression during internship year
3. Know what evidence-based interventions are available to reduce depression and burnout

Dr. John Luo, *What Child and Adolescent Practitioners Should Know About the Internet*

1. Recognize what activities on the Internet are addicting to children and adolescents
2. Utilize in person interventions to mitigate risk of harm

3. Determine what online treatment modalities may be effective in detection and treatment

Dr. Kim Masters, *Seclusion and Restraint in Inpatient and Residential Settings: Role of the Psychiatrist*

1. Review the role of the psychiatrist in seclusion and restraint practice in inpatient and residential settings
2. Review current regulations regarding the implementation of seclusion and restraint and its monitoring
3. Learn opportunities for psychiatric intervention in the teaching, prevention and management of seclusion and restraint
4. Examine the concept of chemical restraint and its relationship to PRN medication doses
5. Apply these objectives in seclusion and restraint prevention and reduction efforts

Kim Penberthy, PhD, *Physician Wellness and Burnout*

1. Describe stress and burnout and how is it related to distressed behaviors in physicians, with a specific focus on psychiatrists.
2. Describe contributions to burnout and related symptoms and behaviors.
3. Present strategies to prevent and address burnout and related challenges, including emotional intelligence, mindfulness, etc.

Dr. James Stallworth, *Pediatric Update – The Top Ten*

Emily Suski, *The Medical-Legal Partnership*

Dr. Paul Weigle, *Psychiatry Beyond the Clinic: Gaming*

1. Identify signs and symptoms associated with gaming disorder, a behavioral addiction to video games including diagnostic criteria listed in the DSM-V and upcoming ICD-11.
2. Understand the epidemiology of the phenomenon, including known risk factors, comorbidity, and prognosis.
3. Recognized evidence- and consensus- based treatments for youth suffering from gaming disorder including individual and family therapy options and medication interventions.